

Ref. No: 0864
Date: 18/04/24
Subject: Eczema Support

REQUEST

- 1. What advice does your hospital's dermatology department issue to patients with eczema regarding the amount of moisturizer that should be applied to patients?**
- 2. What advice does your hospital's dermatology department issue to patients with eczema regarding the amount of steroid cream / ointment that should be applied to patients?**

Please provide examples of the advice if the answers are affirmative.

- Leaflets - for any leaflets issued, please can these be emailed to us if a pdf / word version is available. If it is not, please post them to us.**
- Website advice - for advice given as website links, please email us the weblink.**

RESPONSE

St Helens and Knowsley Teaching Hospitals NHS Trust and Southport and Ormskirk Hospital NHS Trust became a single legal entity known as Mersey and West Lancashire Teaching Hospitals NHS Trust on 1st July 2023, as such parts of the response may be provided in two sections relating to the hospital sites of each of the legacy organisations.

- 1. What advice does your hospital's dermatology department issue to patients with eczema regarding the amount of moisturizer that should be applied to patients?**

Moisturisers are advised to be used as often as required depending on severity e.g. tds – qds. A thick layer of moisturizer needs to be applied within three minutes of bathing or showering.

2. What advice does your hospital's dermatology department issue to patients with eczema regarding the amount of steroid cream / ointment that should be applied to patients?

Fingertip unit (FTU) is provided depending on the affected sites (written information is also provided in some cases).

3. Please provide examples of the advice if the answers are affirmative.

We direct eczema patients to the National Eczema Society (NES) which has all the needed information (<https://eczema.org/information-and-advice>).

We also use some leaflets from the British Association of Dermatologists (BAD) website (<https://bad.org.uk/patient-information-leaflets>).