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Subject: Trauma-Informed Care

REQUEST

As part of my research, I am interested in evaluating trauma-related tools in a mental health care setting that have been used by colleagues to mitigate the issues around the implementation of trauma-informed care principles within the organisation. With the hopes that we address potential secondary traumatic stress that staff burnout can impact on the service. I have copied in my “grey methods section” from my protocol so, it would help you understand the intentions of my study.

Clarification: I am looking for any policy documents or training materials I can reuse for the research and analysis (whether in PDF, word document, PowerPoint presentations, audio, videos, signposts, posters, handbooks, or leaflets) that you give to professionals to make them more trauma-informed in the management of psychological trauma including the impacts of sexual abuse or domestic violence. This could be delivered as a training session by professionals such as a psychologist, occupational therapist, or psychiatrist. I am aware this is not a massive range of examples but anything of within that nature is helpful.

RESPONSE

St Helens and Knowsley Teaching Hospitals NHS Trust and Southport and Ormskirk Hospital NHS Trust became a single legal entity known as Mersey and West Lancashire Teaching Hospitals NHS Trust on 1st July 2023, as such parts of the response may be provided in two sections relating to the hospital sites of each of the legacy organisations.

The Trust is not a Mental Health Trust and as such, our response may not be applicable. However, Trauma Informed Practice (TIP) is included in Children’s Level 3 Safeguarding Training and referred to training delivered by the Trust Domestic Abuse Advisors. All members of the Safeguarding Team have attended TIP training and training opportunities are shared with frontline staff and the mental health liaison team. Moreover, the Trust Sexual Abuse Advisor is currently collaborating with the training department developing a 3-hour training package that will be delivered initially to student nurses.